**YORK DISTRICT SUMMER COMPETITION**

**All matches in Sports Hall at Millthorpe School.**

**Use car parking at rear of School, accessed from Philadelphia Terrace – YO23 1DH**

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| --- | --- |
| **TEAM** | **CONTACT (in emergency)** |
| ELVINGTON | Elaine Maughan – 07595 220691 |
| HEMINGBROUGH HAWKS | Jenny Heath – 07847 184144 |
| NORTHERN | Janice Jeffries – 07773 470501 |
| RAWCLIFFE | Melisa Broadbent – 07714 983707 |
| RI REBOUNDERS | Catherine Fairclough – 07986 295835 |
| RI REVELLERS | Hannah Higginson – 07927 647181 |
| RIMIX | Sam Thompson – 07921 807951 |
| RIOTERS | Tammy Nelson – 07824 448060 |
| RI RULERS | Lucy Siena – 07806 801356 |

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| --- | --- | --- | --- |
| **WEEK 1** | **MONDAY 8th MAY** | **TUESDAY 9th MAY** | **FREE WEEK** |
| 7.00pm  To  9.30pm | Warm Up  Tournament  Rebounders, Revellers, Rimix, Rioters, Rulers | Warm Up  Tournament  Elvington, Hawks, Northern, Rawcliffe |  |
| **WEEK 2** | **MONDAY 15TH MAY** | **TUESDAY 16TH MAY** |  |
| 7.00 – 8.00 | Rebounders v Revellers | Hawks v Northern | RImix |
| 8.00 – 9.00 | Elvington v RIoters | Rawcliffe v Rulers |  |
| **WEEK 3** | **MONDAY 22ND MAY** | **TUESDAY 23RD MAY** |  |
| 7.00 – 8.00 | Revellers v RImix | Hawks v Rebounders | RIoters |
| 8.00 – 9.00 | Elvington v Rulers | Northern v Rawcliffe |  |
| **HALF TERM** | **HALF TERM** | **HALF TERM** | **HALF TERM** |
| **WEEK 4** | **MONDAY 5TH JUNE** | **TUESDAY 6TH JUNE** |  |
| 7.00 – 8.00 | Northern v RImix | Hawks v Rawcliffe | Rulers |
| 8.00 – 9.00 | Revellers v RIoters | Elvington v Rebounders |  |
| **WEEK 5** | **MONDAY 12TH JUNE** | **TUESDAY 13TH JUNE** |  |
| 7.00 – 8.00 | Rawcliffe v Revellers | Elvington v Hawks | Rebounders |
| 8.00 – 9.00 | RImix v RIoters | Northern v Rulers |  |
| **WEEK 6** | **MONDAY 19TH JUNE** | **TUESDAY 20TH JUNE** |  |
| 7.00 – 8.00 | Rioters v Rulers | Elvington v Rawcliffe | Northern |
| 8.00 – 9.00 | Rebounders v RImix | Hawks v Revellers |  |
| **WEEK 7** | **MONDAY 26TH JUNE** | **TUESDAY 27TH JUNE** |  |
| 7.00 – 8.00 | Northern v Rebounders | Hawks v RIoters | Rawcliffe |
| 8.00 – 9.00 | Revellers v Rulers | Elvington v RImix |  |
| **WEEK 8** | **MONDAY 3RD JULY** | **TUESDAY 4TH JULY** |  |
| 7.00 – 8.00 | Rawcliffe v RImix | Elvington v Northern | Revellers |
| 8.00 – 9.00 | Rebounders v RIoters | Hawks v Rulers |  |
| **WEEK 9** | **MONDAY 10TH JULY** | **TUESDAY 11TH JULY** |  |
| 7.00 – 8.00 | Rebounders v Rulers | Rawcliffe v RIoters | Elvington |
| 8.00 – 9.00 | Northern v Revellers | Hawks v RImix |  |
| **WEEK 10** | **MONDAY 17TH JULY** | **TUESDAY 18TH JULY** |  |
| 7.00 – 8.00 | Rimix v Rulers | Elvington v Revellers | Hawks |
| 8.00 – 9.00 | Rawcliffe v Rebounders | Northern v RIoters |  |

**ROTATAION SEQUENCES**

**Squad of 7:**  GS>>>WA>>>WD>>>GK>>>GA>>>C>>>GD>>>GS

**Squad of 8:** GS>>>WA>>>OFF>>>WD>>>GK>>>GA>>>C>>>GD>>>GS

**Squad of 9:** GS>>>WA>>>OFF>>>WD>>>GK>>>GA>>>OFF>>>C>>>GD>>>GS

**Squad of 10:** GS>>>WA>>>OFF>>>WD>>>GK>>>OFF>>>GA>>>C>>>OFF>>>GD>>>GS