North Yorkshire Netball Association

# Playing Regulations for NYNAL 2023/24

**1. Organisation & Administration**

* 1. The North Yorkshire Netball Association League (NYNAL) Subgroup will organise and manage the North Yorkshire League Competition.

**1.2** The decisions of the NYNAL subgroup or its nominee(s), in respect of these rules and regulations and on any other matter related to the game, which is not provided for below, shall be considered final and binding on all parties (subject to the right of appeal which is specifically provided for under disciplinary regulations).

* 1. It is the responsibility of all participants and officials in the League to ensure that they are familiar with the competition’s regulations ([www.netballnorthyorkshire.co.uk](http://www.netballnorthyorkshire.co.uk)) and the England Netball Code of Conduct ([www.englandnetball.co.uk](http://www.englandnetball.co.uk)).

**1.4** All games in the NYNAL will be played in accordance with the current Rules of England Netball (EN).

**1.5** The NYNAL competition will be played at indoor venues across the county on weekday evenings Monday to Thursday.

**2. Playing Qualifications & Eligibility**

**2.1** Application for entry to the NYNAL shall be open to any club or team within the North Yorkshire (NY) boundary which has membership through NY to EN and which has paid its subscription in this respect.

**2.2**. The North Yorkshire Netball League is a competition for biological female players. Only biological female participants can be included on the team registration sheet as a player.

**2.3** The entry fee for the League will be determined by the NYNAL subgroup.

**2.4** By entering a team in the NYNAL, clubs / teams / registered umpires agree that they will abide by these regulations, the EN Code of Conduct, and that they are able and willing to fulfill all costs and commitments relating to the League where applicable.

**2.5** All players must hold a current EN membership and be registered with a North Yorkshire (NY) club/team before they can play in a NYNAL game. Membership to EN must be paid before they can enter the NYNAL.

**2.6**. Players can only play for one club within the NYNAL and must be registered with that club in the league.

**2.7** All players must be over 16 years of age at midnight on 31st August/1st September prior to the commencement of the playing season, unless they have permission to play in theleague for the current playing season, following the EN age banding procedure.

**2.8** North Yorkshire Netball recommends that individuals (player, coach, umpire) if pregnant should only participate with approval from their doctor and in accordance with current guidance issued by England Netball.

"EN recommends that individuals (players, coaches, umpires etc) if pregnant should only participate with approval from their doctor and in accordance with any guidelines issued by EN. Neither EN, nor the registered netball organisation will be held liable for any pregnant individual participating in recognised and authorised netball activity should the expectant mother suffer a miscarriage or permanent damage to herself and / or unborn child as a result of participating. The EN Personal Accident cover will not provide any benefit for injury, loss, or expense due to pregnancy, childbirth, miscarriage, or any consequence thereof. For example, if an ‘Insured Person’ who is pregnant is involved in an accident (not pregnancy related) and suffers a broken leg then, subject to claims validation, the policy would pay any broken bones benefit, the Hospital Confinement benefit and Temporary Total Disablement benefit due under the Personal Accident Insurance Policy resulting from this injury. However, if the absence or hospital stay is prolonged as a direct result of pregnancy, pregnancy complications or even early childbirth then this would not be covered. The programme of insurance that is centrally arranged by EN is provided as a Membership benefit and ensures that Affiliated Members (referred to in the Liability insurance documents as ‘Registered Participants’) and in the Personal Accident documents as an 'Insured Person' are covered for Liability and Personal Accident Insurance, at the level of cover applicable to their category of membership.

**Please note this guidance supersedes previous guidance that players, coaches, officials should only participate up until their 12th week of pregnancy".**

**Note:**

Rule infringement 2 (2.5, 2.6, 2.7) results in the match being void. The non offending team will be awarded 5 league points and 20 goals, and the offending team will be awarded 0 league points and 0 goals.

**3. Registration of Squad Members / Umpires**

**3.1** Clubs must register all players to play in the competition. Squad registration exports for each participating club must be lodged with the results secretary prior to the start of the competition to the timescales given. Clubs / teams must ensure their registered umpire has completed and submitted the NYNAL Umpire Registration Form.

**3.2** A minimum of 7 players must be registered. Any additions to the squad sheets must be lodged with the results secretary at least 24 hours before the fixture in which the additional player(s) wish to compete.

**3.3** Clubs entering more than one team into the NYNAL must number their squads: Team 1 being the highest placed team.

**3.4** Teams may only use players who have been registered on the squad list held by the Results Secretary.

**3.5** Where a club has multiple teams competing in the competition players registered in a higher team may not compete for a lower team unless there are special circumstances as in 3.9.

**3.6** Players from the lower teams may play for the next highest team for no more than sixteen (16) quarters during the season.

If a player starts at the 17th quarter, it can only be for the next highest team. The player is then automatically moved into that team and is no longer eligible to play up again or to compete for a lower team.

**3.7** Where a player plays for the next highest team (as in 3.6), it must be clearly recorded on the result card so your registration list can be updated by the Results Secretary.

**3.8** Once a player has been registered on a squad sheet and played, she cannot transfer to another club and compete for that club in the competition during the current season unless approval has been sought from the NYNAL via the lead of the NYNAL subgroup.

**3.9** Each team may declare up to twelve (12) players on the result card prior to the start of each match. Any of these players will be eligible to compete during the match.

**3.10** Due to injury or pregnancy, a player may apply to the HDNL subgroup through the results secretary, to be transferred to a lower team within their club.

**3.11** A player may only play for one team on any one day in the NYNAL.

**Note:**

Rule infringement 3 (3.2, 3.4, 3.5, 3.8, 3.11) results in the match being void.

Non offending team will be awarded 5 league points and 20 goals, and the offending team will be awarded 0 league points and 0 goals.

**Note:**

Rule infringement 3 (3.1, 3.7) 1 point deduction

**4. Structure of the League**

* 1. Each team will play each other twice in each division.
  2. Matches will be played on the dates and at the times specified on the fixtures schedule.

**4.3** The number of entries received will determine the number of divisions in the league and

all new entrants to the NYNAL will be placed in a division at the discretion of the NYNAL subgroup.

**Points for matches will be awarded as follows**:

5 points for a win.

3 points for a draw.

2 points to the losing team if there is less than 5 goals difference between the two scores.

1 point to the losing team if goals scored are more than 50% of winning team’s score.

**4.4** A league table will be compiled based on the points awarded. Where teams are level on points, the following will be used to differentiate Goal average (goals for divided by goals against) shall be used in the first instance - i.e., the team with the higher goal average will be the higher placed. If the goal average does not differ, goal difference shall be used (goals for minus goals against) and the team with the highest goal difference shall be placed highest.

Promotion / demotion for the following season will be based on overall positioning, points, and entries to the new season to maintain a competitive league. This may impact the bottom two teams in Divisions 1 & 2 and top three teams in divisions 2 & 3.

**4.5** No team may rearrange, postpone, or cancel any fixture.

The offending team will be liable to pay all court costs incurred by the North Yorkshire Competition Group in this instance and any cost incurred by the umpires.

**4.6** Any team which fails to arrive for the start time of the fixture will forfeit the match.

**4.7** In the event of a team resigning during a season, all points obtained by or recorded against them shall, at the discretion of the subgroup, be deleted from the league division table.

**4.7** The NYNALformation will allow for teams to progress to or move back from the Yorkshire Regional League.

**Note:**

Rule infringement 4 (4.5, 4.6) results in the match being void. The non offending team will be awarded 5 league points and 20 goals, and the offending team will be awarded 0 league points and 0 goals.

**5. Fixture Arrangements**

**5.1** The fee per fixture will be calculated from the cost of the running of the league. Each team will be issued with an invoice for the whole playing season which is payable either as a whole or in installments as directed and agreed with the County Treasurer. Any bank charges incurred by the county arising from any default by any club/team, will be passed on to that club/team and these charges must be paid immediately.

**5.2** All games must start within 5 minutes of the scheduled start time as printed on the fixtures list.

**5.3** Teams MUST leave the court at the times indicated for the next round of matches to be played even if the game has not finished. The score at that point will be the final score.

**5.4** Any team, which fails to arrive for the start time of the fixture, will forfeit the match.

**5.5** If for any reason a fixture cannot be played (e.g., venue problem) both teams must inform the results secretary immediately.

**5.6** In the event that a match must be abandoned for any reason (e.g., serious injury), the result of that match will be determined by the subgroup having regard for the score at the time and taking into consideration any recommendations from the umpires officiating the fixture. If, however the match is abandoned during the 4th quarter, the score at the point will be deemed as the final

score.

**5.7** Throughout the season North Yorkshire County, with the support from the league, will identify games that will be used for C & B award practical assessments. The North Yorkshire officiating lead will inform the teams involved of this, giving sufficient notice of these arrangements so the teams can inform their Umpires.

**Note:**

Rule infringement 5 (5.2, 5.4) results in the match being void. The non offending team will be awarded 5 league points and 20 goals, and the offending team will be awarded 0 league points and 0 goals.

**6. Match Regulations**

**6.1**. Matches will be of 1 hour's duration i.e., 4 x 15-minute quarters. There will be up to 2 minutes interval at quarter and three-quarter time and up to 3 minutes interval at half time.

**6.2** Both teams will provide a suitable match ball and present both balls to the umpires. The umpires will decide which ball is to be used.

**6.3** If there is a clash of playing colours, the first named team for the fixture will change colours.

**6.4** The situation of the Team Bench (for substitutes and team officials) will be at the start of play to the right-hand side of the goal post defending end and remains the same for the whole game. If this area is unsuitable, then the position of the team bench will be determined by the umpire.

**7. Match Officials**

**7.1** Umpires will be organised by the teams, and it is their responsibility to reimburse the umpires expenses on the match night, preferably before the commencement of the fixture. Division 1 requires a B award qualification or a C award umpire that has been approved by the officiating lead to umpire at this level. Division 2 & 3 require a C award qualification. Umpires must be a member of England Netball through North Yorkshire Netball Association. All Umpires should complete and submit a Registered Umpire form to the results secretary.

**7.2** It is the responsibility of the umpires to start the match at the time stipulated on the fixtures list or within the permitted 5 minutes allowance.

**7.3** Division 1 - B Award or a C Award Umpire who is “actively working towards” gaining the B Award and the consent of the North Yorkshire Officiating Lead.

**7.4** Division 2 & 3 - minimum qualification C Award.

**7.5** The umpires should not be involved in agreeing the final score of the match.

**7.6** If any team fails to provide a qualified umpire where applicable, the team will forfeit the match.

**NB:** Umpires should be discouraged from expecting a 'fee' of their own choosing. Inland Revenue tax laws allow 'reasonable expenses' to be reimbursed for the cost of travel only. If a club wishes to reimburse a 'reasonable expense' it is recommended that the EN travel expense rate of 40p per mile is used. If an umpire requests a 'fixed fee' for a match, then it is strongly recommended that the umpire ‘fee’ is settled by cheque/bacs. This establishes that a payment has been made for a service given. This will be important to the club who make the payment, in the event of a random check by the Inland Revenue. It is the Umpires responsibility to declare any 'fee' on their tax return.

**Note:**

Rule infringement 7 (7.6) results in the match being void. The non offending team will be awarded 5 league points and 20 goals, and the offending team will be awarded 0 league points and 0 goals.

**Scorers**

**7.7** Each team must provide a competent scorer for each fixture. The minimum age of any scorer is 14 years.

**7.8** The scorer from each team will stand or sit together as directed by the umpires and take no part in the game (i.e., coaching, or shouting encouragement).

**7.9** The scorers must agree the score after each goal is scored and this should be called immediately.

**7.10** The scorers should identify themselves to the umpires before the start of each match.

**7.11** Scorers may also be required to time the fixture (including intervals and injuries) and each team must provide a suitable timer for this purpose.

**7.12** The final score of the match is the sole responsibility of the captains.

**8. Registration of Results**

**8.1** The winning team shall forward the result of their match immediately and no later than 24 hours after the match by text.

The results text number is: **07795257837.**

**Example of the format**

NYNAL

Div 1

Rafters 30

Tillers 20

Jane Doe from Rafters.

**8.2** Each team is responsible for completing a match results card. This must be fully completed, recording full squad details and details of any players “playing up” from lower teams. Teams are advised to complete the squad details before the match begins. In addition, the name and qualification of the umpires should be printed on the results card.

**8.3** The result of the match must be accurately recorded; the card must then be signed by team captains and scorers and sent by **email ONLY** to the results secretary at northnetball@outlook.com within 48 hours of the fixture.

**8.4** Having signed the results card, the result of the match is final, and no dispute can be lodged. If there is disagreement over the final score, then the results card should not be signed, and details of the disagreement should accompany the unsigned card to the results secretary.

**Note:**

Rule infringement 8 (8.2, 8.3) 1 point deduction

**9. Queries, Complaints & Disciplinary**

**9.1** Any team who intends to raise a query regarding the playing of a match and/or its result must inform their opponents and the umpires on the day of the match.

**9.2**. Any queries or issues regarding the playing of a match/and or its result must be submitted in writing by e-mail to the Lead of the NYNAL ([nynetballchair@outlook.com](mailto:nynetballchair@outlook.com)) within seven (7) days of the fixture.

**9.3**. All queries, issues, and disputes regarding the playing of a match and/or its result will be determined in the first instance by the NYNAL subgroup, using best endeavors to determine the issue within ten (10) days of receipt of correspondence.

**9.4**. The NYNAL subgroup will have the power to determine the penalty to be imposed on teams and players who are in breach of league regulations regarding the playing of matches in the leagues - such penalties will include reprimands, the deduction of league points, fines, suspensions, and expulsion from the league.

**9.5**. In the event that any team/player wishes to appeal against any decision of the subgroup, it must notify this intent within five (5) days of receipt of the decision. In this event the matter should be referred to the lead of the NY Competition group [nynetballchair@outlook.com](mailto:nynetballchair@outlook.com)

**9.6**. Any team wishing to appeal more generally against the governance and management of the league by the NYNAL subgroup, or against specific decisions made by it, must also observe the procedures set out.

**9.7.** Any team/individual that fails to observe the procedures laid out in the preceding clauses will invalidate their right to raise a query, issue, or appeal.

**9.8** Any complaint which does not concern the playing of a match and/or its result, but which is made in respect of a disciplinary offence, should be made in writing to the lead of the NYNAL subgroup, within 5 working days of the fixture.

**9.9** Complaints regarding umpires will only be investigated if made on the grounds of gross misconduct, immediately before, after or during a match. General complaints about the match performance of an official will not be accepted as all umpires must hold a current, relevant EN qualification which cannot be revoked.

**10. Miscellaneous**

**10.1** All clubs will be held responsible for the conduct of their players, officials, and supporters in accordance with the EN Codes of Conduct.

**10.2**. It is the responsibility of each team to provide adequate first aid cover for its players and officials, which should also be made available to the match officials on request.

**10.3** No form of glove may be worn when playing netball. If gloves are required for medical reasons, the umpires may allow seamless gloves to be worn on the production of an appropriate medical certificate and provided that they are satisfied that any gloves worn do not present an obvious hazard to other players.

**10.4** All jewellery must be removed when playing netball. Any players wearing jewellery (including body piercing) will not be allowed to participate. The following exceptions may apply:

* Wedding rings may be worn but must be taped.
* Medic alert bracelets may be worn but must be secured in such a manner that they will not constitute a danger to an opponent, i.e., with clear tape, and in such a way that it cannot be removed/lifted off by any accidental contact.
* Daith piercing on medical grounds are allowed if the piercing is well taped. The player concerned should have available the appropriate medical letter to show to umpires if asked.

**10.5** No adornment that may endanger player safety shall be worn.

**10.6** If scarves need to be worn because of religious practices, the material used must be soft, without embellishments, which might constitute a danger, and with potential flowing/flapping edged secured as neatly and securely as possible.

**10.7** All players must wear registered team playing uniform when competing.

**10.8** Photography/recording of any league fixture is not allowed unless permission has been obtained from opponents and umpires in advance of the game.

**10.9** The NYNAL subgroup may review and amend these regulations following changes communicated by EN.

**10.10** The NYNAL subgroup will adjudicate on any matters not covered by these regulations and their decision will be final.

**September 2023**